

THE ARCHANGELS GRATITUDE

GUIDANCE FROM THE ARCHANGELS

Dear Ones, you must be aware of our presence in your lives. A colourful or purple butterfly, an enchanting fragrance, a beautiful rainbow, a brilliant coloured bird and a feather in your path, usually signify our presence.

If you are in doubt, just close your eyes and breathe deeply.

Listen to your intuition and act accordingly. Some of you will be guided to meditate and receive our wisdom. Some may be guided to ONLY MEDITATE.

This guidance hastens your evolution and frees you further from your karmic blueprint.

We have given you the boon of karmic redemption, when we spoke to you earlier. You have to accept it through meditative calmness or through any Sadhana, which gives you peace and bliss.

Dear Ones, we will always assist you.

Some of you will be guided to speak aloud and record our knowledge. Those of you, who do so, will be blessed by those who listen.

We wish to motivate and encourage you to spread our spoken words!!

Dear Ones, some of you will be guided to write our spoken words. Sometimes you will hear our voices as faint whispers; but nonetheless, with a clarity in thought and speech.

Sometimes our voices will be loud, booming; urging you to wake up others!!

Listen to our gentle speech, now Dear Ones! We are all blessing you as you write our words.

We ask you not to judge the tone of our voices, but allow them to reverberate in your hearts and cleanse you.

Listen to our voices Dear Ones and celebrate!

You are now the holders of the unique energies of the Cosmic Sun, which is flooding your world, with its Divine light.

Open your hearts and accept our light!

Recognize that you are a mystical ray of light, which will light the pathways of millions of seekers.

Dear Ones, you must spread our energies in your Planet and spread our light in your lives.

We ask you to raise your consciousness and enter the 5th dimension, along with the mystical energies of Planet Earth.

This is your future Dear Ones!

Those who choose to radiate our light will find great joy and peace. Their lives will flow in rhythm to the sublime fifth dimensional energies of Planet Earth.

Those who cannot raise their consciousness will find clouds created by unexpected and inexplicable situations; which will cover their light and lessen their zeal and energy.

Please listen to us Dear Ones and follow your life purpose.

When you do so, your light will transform into Divine Radiance.

We bless you Dear Ones!!

*We are **Archangel Michael, Archangel Metatron** and **Archangel Gabrielle** Blessing you.*

BLESSING SIXTEEN

Dear One, anger is a big deterrent to spiritual progress. When you are meditating and angry thoughts surface; immediately start chanting aloud.

The powerful vibrations of your chants will reduce the anger within.

It is better to chant aloud, because you are more conscious of your thoughts. Very often the chanting becomes mechanical and your mind is full of agitated and angry thoughts.

It happens to everyone, much to our despair.

Our efforts are always to enhance your quality of meditation, so that you can attain a higher vibratory level.

So now we seek to address this issue. If chanting aloud does not help, then get up and drink 2 glasses of water. This will calm you down.

Then return to your place of meditation and sing your favourite bhajans/hymns aloud. Close your eyes and sing and soon you will be suffused with Bhakti. Continue singing aloud, if you wish or gradually return to your meditation.

Light an agarbathi, a candle, diya or dhoop. These positive vibrations will help dispel the anger. It is not very healthy to continue meditating when you are upset or agitated.

You are allowing negativity to remain in your mind. This will overwhelm your meditation, unless you have a very strong mind.

Many will question us what they can do when they are angry, low or depressed?

Our answer Dear One is to consciously elevate yourself, if you wish to meditate.

Start with open eyes and take a rosary or japamala. Consciously feel the beads moving in your fingers and chant aloud.

Tears may fall and you must allow them to do so. You may sob uncontrollably and cry; but eventually you will calm down.

In that subdued calm, please seek us and allow us to heal your pain. Just close your eyes inhale deeply and call out to us. Speak about your problems and we will heal the situation.

God always showers His Blessings, but sometimes He feels that it is more important for you to complete your karma and go through that pain.

Please never feel that you are forsaken in moments of sorrow and despair.

We are always around you, holding you in a loving embrace. But we get pushed away by your negative thoughts and you unknowingly create a barrier.

Please strive to think positive about every situation in life. You may wonder why everything appears to go wrong.

Dear Ones God's plan for each one of you is grandiose. Maybe you haven't been able to perceive it from God's perspective.

When you look back in life, you will always experience that God's plan was better and bigger than yours. Learn to see only the good and allow the bad to drift away.

If a poisonous snake enters your home, would you keep it as a pet? Negative thoughts poison your minds and distort the reality of your thoughts.

Throw them out!!! Just change your thought flow immediately.

We shower our Blessings on this book, THE CITY OF LORD SHIVA.

*We are **Archangel Michael** and **Archangel Rafael** Blessing you.*