

THE GUIDANCE GRATITUDE

GUIDANCE ONE

Dear One, with the Blessings of the Ascended Masters, you can discover the primordial knowledge of the Universe. You have to nurture and sustain your faith in the Master.

Knowledge will begin to unfold in your life, sometimes a gentle flow; so that you are unaware of the beginning....there may NOT be a distinct end.

Sometimes it could be a rushing torrent and you will feel that you are swept away in an exhilarating Divine flow.

If so Dear One, enjoy this experience and know that it was destined for you. You can experience a higher fullness of self and allow these torrential energies to flow through you.

As long as you allow knowledge and energies to flow through you; you will be in a state of bliss.....

But if you give your name to this knowledge and higher energies....you will be slowly creating mountains of karmic debts.

The idea of MY and MINE as against OURS or to be in a state of acceptance. It is necessary to comprehend these concepts.

Dear One, be aware that our knowledge flows through you. If you can call it yours....we can stop the flow.

Yes we can reverse the flow....we can blank out your thoughts.

Dear Ones, we speak strong words, but need to do so. We need your readers to understand this very important concept and then use it in any arena of life.

Dear One, we are happy with your state of acceptance and gratitude levels....

We have chosen to reveal this knowledge to you today.

Please print these words as the first guidance, since we want your readers to understand the importance of being in the flow.

The Universal energies flow in harmony, but when you block the flow and get caught up with ME; that you create factions and divides.

Learn Dear One to inhale and exhale the life sustaining air and remain in a state of gratitude to Mother Nature.

This state of gratitude is a prerequisite for enlightenment!!

*I am **Mahavatar Babaji** Blessing you!!*

GUIDANCE TWO

Dear Ones, we have a few questions, which we would like you to ponder upon...

Begin by breathing deeply a few times and calming your thoughts.

We would like you to be honest with yourself and attempt to view our questions in a positive manner...

These questions will allow you to express your inner feelings in a frank and unbiased manner.

Sometimes we are running away from our own true feelings. We keep ourselves so busy; overwhelmingly so; we are actually (quite literally) running away from ourselves.

These questions will assist you in overcoming this issue and bonding with your true inner self; your best friend.

In everyone's lives there are always 1-3 people who create so many complicated issues in your life; that you suffer mental trauma and anguish.

You often feel like running away; hoping that by running away; you can solve the problem.

Dear Ones, the truth is that the problem is with you.....the other person/s is a reflection of that aspect of yourself WHICH YOU DO NOT WANT TO ACCEPT!!

We cannot simplify this because we want you to think deeply.

Unless you meditate and contemplate, you will not attain a higher perspective.

So now Dear Ones; we want you to mentally detach yourself from this problematic issue.

Become a disinterested witness who is thoroughly bored of the seemingly complicated issue.....

In other words Dear Ones!! WE DO NOT WANT YOU TO REACT!!

We want you to think calmly, ponder upon our questions and then...WRITE DOWN YOUR ANSWERS WITH THE CORRESPONDING DATES.....

REPEAT IT FORTNIGHTLY AND PERCEIVE THE TRANSFORMATION IN YOUR THOUGHT FLOW...

(9th May 2014 at 1:11pm)

Dear One these numbers are all energetic combinations, which enhance your vibratory level. We connect to you during moments of high energy and meditation.

The heaviness which you feel in your crown chakra is a definite sign of our presence.

The energies of 11:22 are different and you were unable to receive the entire message. We know that your present energies will receive our Guidance now!

Your thoughts have to be calm; do NOT get affected by the dull pain and throbbing in your third eye chakra. That is caused by your high vibratory levels....we are delighted by your energetic acceptance Dear One!!

This specific Guidance is about those five questions. Please read them a few times.

Use them to gauge the correct perspective of any relationship with the paradigm of perceiving the larger picture.....

*The **first question** is....*

Think of that person/s or any relationship, which is incomplete and is creating stress in your life.

Write down five positive aspects about this relationship, which has helped you tremendously.

Assistance can be in any form....financially, emotionally, giving you joy and happiness...it is all encompassing.

When you can easily perceive the five positive aspects, which CAN REMAIN POSITIVE EVEN NOW....then your relationship can be completed.

It may be time to move on...you don't need to separate (friends/spouses) and take legal steps. You can still remain best friends/ remain married; but you can progress to the next level in this relationship.

Often the mental trauma is caused by an unknown stagnation in a relationship.

We are now guiding you that it is safe for you to ascend higher....release old fears, mental blocks and negative memories.

Inhale and exhale deeply as you do so...experience the negativity flowing away and the positive energies of 2014 and 2015 entering your aura.

(10th May 2014 at 11:22a.m)

Dear Ones!! We are happy that you have sat in meditation, waiting for the refined energies of 11:22. These energies will assist you in your 5th of life...

Our second question to you Dear One is about YOUR ROLE in a troubled or happy relationship.

Very often you see yourself only as a VICTIM and not the DOMINATING PERSON whom others perceive you to be.

Your narrow perception always accepts your role/your personality, irrespective of whether you are positive or negative.

Close your eyes and meditate.... Breathe deeply and when you are calm, you can write down.

*Our **second question** is....*

Write down five positive aspects of your nature or personality, which has contributed to this relationship/friendship.

Dear One!! We want honest answers from you and you must be sincere. We can perceive a false façade and know that it will not assist you; in completing or improving this relationship.

After you write down five positive aspects; breathe deeply a few times.

Holding your five positive aspects in mind, look at this relationship/friendship again.

Write down your new perception with the corresponding dates. Try to do every fortnight after you answer the first question.

Contemplate upon whether you wish to raise your consciousness and improve your role in this relationship/friendship.

Very often people are too busy to work upon relationships and prefer to waste time in complaints...

Now that these two questions have been completely understood and worked with...it is important for you to go to the next question.

Question Three asks you about your Dharma...what is your personal task in this lifetime? Are you following your Dharma?

Sometimes financial necessities force you to take a lucrative job, which is not in CONSONANCE to your Dharma. When you do so, then problematic issues flood your life and create stress.

This underlying stress in your life adversely affects your relationship.

This stress may be the root cause and NOT the other person/s in any relationship.

Those who do not have jobs or careers can perceive any responsibility as their job, which is primary in their life or any...mental responsibility as well.

We are trying to show you another facet of your life which positively or negatively influences your mind towards these person/s or any relationships.

*The **fourth question** Dear One is about your dreams. What do you truly want to be? Are you happy and content?*

What are your aspirations in life?

Write them down; do NOT limit your dreams...be true to your inner self...

This question will reveal to you a hidden aspect of yourself, which you may NOT have nurtured till now...your inner child who has longings and dreams...

The inner child is the real YOU; who has got lost as you grew up; whose voice you could no longer hear. The heartbeats which throb in your heart are those of your inner child.

Please stop and put a hand on your heart and listen; reconnect with inner child.

(10th May 2014 at 11:11 pm)

Dear Ones we are completing this detailed guidance by using the Angelic energies of 11:11. You have received these energies earlier and they are well suited to your energetic and cellular structure.

Dear Ones, the most important issue for you to contemplate upon is that of your inner child. You have forsaken its nutriment!! Very often you WANTED TO DO SOMETHING FOR YOURSELF....but never did it?

It could be something mundane in your daily routine. It could be as simple as wanting to eat an ice-cream or a chocolate or anything!!

Very often we do NOT CARE AND NURTURE OUR INNER SELVES...WE STARVE OUR SOULS...WE ONLY PERCEIVE THE OUTER WORLD.

*So Dear One, this is our **fifth question**....what will you do to nurture your inner self... your inner child?*

Will you meditate daily? Will you let go of your old past fear patterns? Will you let go of negativity? Will you spread Love, Peace, Harmony and Joy?

Will you spread our words? Will you step into the 5th dimension of consciousness?

Yes our fifth question is about motivating you to step into our 5th dimension of life.

When you read this some of you may wonder what the 5th dimension is and how they can motivate themselves when they do not have much prior knowledge.

To all those who read our words and ask questions; we give you our Divine Assurance that this knowledge will flow into their life.

They will hear about us or meet someone who is a medium or channels; they may read some books or reports.

They will see our photos or experience unusual miracles in their life.

Dear Ones, when your lives are filled with awe and reverence; know that we are all around you, Blessing you and healing your thoughts and emotions.

*We are **Archangel Rafael, Archangel Gabrielle and Mahavatar Babaji.***

*Your Patron Saints **Archangel Michael and Saint-Germain** are Blessing you.*

*The **Holy Trinity** shower Their Blessings.*

*The **Divine Mothers** Bless you.*

*The Divine Guidance of your Patron Saints **Archangel Michael and Saint-Germain** will elevate the consciousness of your readers.*

We Bless your Gratitude Series One

We are assisting the denizens of Planet Earth to enter the 5th dimension!!

COME.....